

C.Y.O. CROSS COUNTRY MEET SCHEDULE

PLEASE NOTE: ALL TIMES ARE APPROXIMATE

Pre-Meet Times:

9:30 am
10:15 am
10:30 am
10:35 am

Suggested arrival time for all teams
Coaches Meeting
Opening Announcements
Tyke Minor Girls are called to the starting line

Race Times:

DIVISION	GRADE	DISTANCE	RACE TIME
Tyke Minor Girls	1	1110 m	10:40 am
Tyke Minor Boys	1	1110 m	10:50 am
Tyke Major Girls	2	1110 m	11:00 am
Tyke Major Boys	2	1110 m	11:10 am
Atom Minor Girls	3	1530 m	11:20 am
Atom Minor Boys	3	1530 m	11:30 am
Atom Major Girls	4	1530 m	11:40 am
Atom Major Boys	4	1530 m	11:50 am
Junior Girls	5 & 6	1980 m	12:00 pm
Junior Boys	5 & 6	1980 m	12:15 pm
Senior Girls	7 & 8	2300 m	12:30 pm
Senior Boys	7 & 8	2300 m	12:40 pm

Post Meet Times:

1:15 pm
1:30 pm

Teams clean up their respected areas
Teams start to head back to their buses

www.cyo.on.ca