

C.Y.O. Athletics

GIRLS VOLLEYBALL 2017

F.A.Q.'s

Which division should I sign up for?

- ➔ There are 3 divisions available. If you want to play a more competitive game, sign up for the elite division. You will get more games, the games will go up 20 instead of 15, and you can overhand serve. There needs to be at least 4 teams signing up in order for there to be an elite division. The possible negative part of this is your team may have to travel more to play other teams in the division. Once you sign up for the elite division, you are there for the season. There can be no "I don't think I'll be able to win so put me down a division" requests.
- ➔ Triple Ball is intended for developmental teams. We had 25 teams compete in Triple Ball last year. Triple Ball is the way the game is played at the rep level in Ontario up to the age of 13. Triple Ball is designed so that the first hit is easier to pass the way it should be, rather than a bump over the net, which is not the way volleyball is played. If your team is weak, then Triple Ball is the way to go. The rules are in the CYO folder on Office 365. If you have any questions, please contact me.
- ➔ The other 2 divisions are based solely on population of the junior and intermediate divisions at your school. There is no "A" or "B" division. In order to determine the division a school is in, we take all the schools that register and order them from most populated to least populated according to the statistics supplied to us from the Board. The top half plays in one division and the bottom half plays in another division. During regular season, teams may play against teams in another division for travel purposes.

How many players do I need to play?

- ➔ There should be 12 players registered for your team. There is no such thing as an EP (extra player) unless it exceeds the 12 players. During regular season there is no minimum (although 6 is needed on the court). In the playoffs, teams must have at least 9 players available to play (again, there is no such thing as an EP). Injured players are not available to play and therefore do not count. When selecting your team, be aware of players that play competitive hockey or basketball. The schedules are not going to be arranged to accommodate Transway or Hamilton Hawk hockey players.

When is the playoff weekend?

- ➔ The weekend at Cardinal Newman, the date is TBD at a later date. Teams will be expected to play Friday, Saturday and Sunday (if they keep winning). By the way, all divisions have playoffs.

Can we have games at our school?

- ➔ Yes, if you just want your game at your school, you must supply everything (scorers, refs, net). Ideally, we like to get 4 games at a site each night, then we supply the officials. Please call me as soon as possible if you are interested at 905-528-0011 x3000.

Who are the officials?

- ➔ Our agency is youth-driven. We try to allow students the opportunity to improve their leadership skills by running gyms. That being said, ideally, I would like to have an adult supervisor at all gyms to handle any problems that might arise that a 16-year old referee should not have to deal with. If you would like to volunteer, give me a call. If you know of anyone who would like to volunteer, give me a call. Many high school students use the CYO for their volunteer hours.

Are there any new rules?

There were some new rules regarding play at the net brought in the last couple years. Check out the CYO folder on Office 365 for the rules. As brought forward last year, it is an infraction for an entire foot to be over the centre line (although if you fall under the net, it is ok as long as your feet do not cross the line and you do not interfere with the play)

If you have any question regarding hosting, rules, divisions or anything else please do not hesitate to contact me.

Thanks,

James McCowell
Athletics Coordinator
905-528-0011 ext. 3000
james.mccowell@cyo.on.ca